

TRAVELING? YOU'RE COVERED ON THE GO.



TALK 24/7 with a nurse for care advice.



CHAT 24/7 with a doctor via secure online messaging.¹



EMAIL your Kaiser Permanente doctor with nonurgent questions.

Learn more about these care options at kp.org/wa/getcare.



BEST OPTIONS FOR NONEMERGENCY URGENT CARE AWAY FROM HOME

Before accessing care outside of the Kaiser Permanente Washington service area, **call Member Services at 1-888-901-4636**.

You'll get help finding the closest care option.

Travel within the Kaiser Permanente Washington service area

- Nearest Kaiser Permanente urgent care or other urgent care location in your plan's network
- In Western Washington, you can also go to CareClinic by Kaiser Permanente at Bartell Drugs locations

Travel in another Kaiser Permanente region

- Nearest Kaiser Permanente urgent care²
- Nearest CVS MinuteClinic³

Travel in a state without Kaiser Permanente

- Nearest CVS MinuteClinic³
- Nearest urgent care

International travel

- Nearest urgent care
- Nearest hospital



EMERGENCY CARE AWAY FROM HOME

Call 911 in the United States. If abroad, call the local emergency number of the country you're visiting or visit the closest emergency room.

If admitted to a hospital, call our **Hospital Notification Line at 1-888-457-9516** as soon as reasonably possible.

